

# Writing Boot Camp

October 28-30, 2019

Place close to Aarhus/Kolding

**Organizer & instructors:**

**Mirjam Godskesen, Jens Larsen  
& Anja Brandi Andreasen**



In a job where writing articles or academic reports is just one out of many obligations a common challenge is to find time for writing. And when time has been carved out the other challenge is to write in an efficient way.

At this camp, you will learn a limited number of very effective tools but first and foremost you will practice them on your own writing again and again. Through 12 writing slots you will define your goals, reflect on your process and realize that it is possible to change your writing habits. You will develop a writing practice that is perfect for you.

The take home that most participants emphasize is the ability to get writing done in shorter spans of time together with a much clearer idea of how long time a piece of writing will take. Some even get back the engagement and joy of writing. The program has been developed through four years and is fine tuned to support your writing energy through all three days.

## Program

### Day 1

09:30-10:00	<b>Coffee, tea and bread</b>
10:00-11:00	<b>Introduction to writing processes and the first writing tool: The art of setting very specific goals for your writing</b>
11:00-11:10	<b>Break</b>
11:10-13:00	<b>Writing sessions 1 &amp; 2</b>
13:00-14:00	<b>Lunch</b>
14:00-14:30	<b>How to approach the text: Content, structure &amp; language</b>
14:30-15:20	<b>Writing session 3</b>
15:20-16:00	<b>Coffee, tea &amp; walk-n-talk on writing goals</b>

### ***Three days Researcher Writing Boot Camp***

16:00-16:10	<b>Energizing body and brain exercises</b>
16:10-17:15	<b>Writing session 4</b>
17:00	<b>Time to check in and relax</b>
18:30	<b>Dinner</b>
20:00-21:00	<b>Heroes and core values in writing – workshop</b>
20:00-	<b>Writers Inn – talking and hanging out in the bar</b>

### **Day 2**

07:30–08:30	<b>Breakfast</b>
08:30–08:40	<b>Good morning warm-up writing-exercise</b>
08:40–09:30	<b>Writing session 5</b>
09:30-09:40	<b>Break</b>
09:40-11:20	<b>Workshop: How storytelling can ease the writing of academic texts and even make them more interesting to read</b>
11:20-11:35	<b>Break</b>
11:35-11:45	<b>Short mindfulness exercise to create focus for writing</b>
11:45–12:30	<b>Writing sessions 6</b>
12:30–14:15	<b>Lunch and siesta</b>
14:15–15:00	<b>Writing session 7</b>
15:15-16:15	<b>We create flow and energy for more writing: Choose between yoga and walking</b>
16:30-16:45	<b>Break with refreshments</b>
16:45-18:15	<b>Writing sessions 8 &amp; 9 – we get a lot of writing done</b>
18:30	<b>Dinner</b>
20:00 –	<b>Writers inn</b>

## ***Three days Researcher Writing Boot Camp***

### **Day 3**

07:30-09:00	<b>Breakfast</b>
09:00-10:10	<b>Writing session 10</b>
10:10-10:20	<b>Break</b>
10:20-11:00	<b>Writing session 11</b>
11:00-11:10	<b>Energizing body and brain exercises</b>
11:10-12:00	<b>Writing session 12</b>
12:00-13:00	<b>Lunch</b>
13:00-14:00	<b>Writing session 12</b>
14:10-14:15	<b>Body and brain exercises</b>
14:15-15:00	<b>Plan your writing the next 4 months</b>
15:15-15:45	<b>Writing snacks – the last and very important tool</b>
15:45 -16:00	<b>The End</b>